



OMELETTES & BENEDICTS

Meat Lovers Omelette Bacon, ham, sausage and cheddar.	18	Cheese Omelette Cheddar cheese.	14
Veggie Omelette Tomato, spinach, peppers, onions and cheddar.	15	Western Omelette Ham, peppers, onion and cheddar.	16
Irish Benedict Corned beef hash and hollandaise.	18	Eggs Benedict Ham and hollandaise.	16
Sun & Surf Frittata Bacon, caramelized onion, tomato, spinach and pepper jack.	17	Florentine Benedict Spinach, tomato and hollandaise.	16

Omelettes include toast and homefries · Benedicts include English muffin and homefries · substitute fruit cup +4

BREAKFAST FAVORITES & SIDES

Two Eggs Two eggs any style, homefries and toast. Add bacon, ham or sausage 4.	12	Bacon, Ham or Sausage	4
Breakfast Sandwich Scrambled egg, cheddar, English muffin, bacon or sausage, homefries.	12	Toast	4
		Fruit Bowl	8
		Homefries	6
		Corned Beef Hash	7
		Bagel & Cream Cheese	6
		Cinnamon Roll	5

ON THE GRIDDLE

Buttermilk Pancakes Add strawberries, bananas, blueberries or chocolate chips +2 each.	11	French Toast Add bacon, ham or sausage +4 · mixed berries +4 · real maple syrup +3.5.	12
--	-----------	---	-----------

Please tell your server about allergies. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase the risk of foodborne illness.

FIRST LIGHT. HOT COFFEE. LONG SANDS.

THE RESTAURANT RIGHT ON LONG SANDS



KIDS BREAKFAST & BEVERAGES

Kids French Toast	5	Juice	6
Kids Pancake	5	Apple, orange, pineapple, cranberry, grapefruit or tomato.	
Strawberry, blueberry, banana or chocolate chips +2.		Coffee	4
		Tea	4
		Hot Chocolate	4
		Milk	4
		Chocolate Milk	4

BREAKFAST COCKTAILS

Mimosa	12	Bloody Mary	12
Orange juice and prosecco.		Vodka and S&S bloody mary mix.	
Sunrise Mimosa	12	Spicy Maria	13
Orange, pineapple, prosecco and grenadine.		Ghost tequila and house bloody mary mix.	
Cran-Razz Mimosa	12	Seafood Mary	15
Cranberry, raspberry and prosecco.		Vodka, house mix and steamed tiger shrimp.	
Boone Island Bubbly	13	Irish Coffee	13
Grapefruit, elderflower and prosecco.		Jameson, Baileys, coffee and whipped cream.	
Mimosas for Two	44	B-52 Coffee	14
Valdo Blanc de Blancs and a carafe of juice.		Kahlua, Baileys, Grand Marnier, coffee and whipped cream.	

SLOW MORNINGS START HERE.

THE RESTAURANT RIGHT ON LONG SANDS





START HERE

Clam Chowder	CUP 9 · BOWL 11	Baked Artichoke Dip	15
Thick, creamy and loaded with clams.		Artichoke, spinach, parmesan, cheddar and corn tortilla chips.	
Seafood Chowder	CUP 10 · BOWL 12	Cheesy Garlic Bread	12
Shrimp, scallops, haddock and clams.		French baguette, mozzarella, parmesan, parsley, garlic and marinara.	
P.E.I. Mussels	21	Fried Clam Strips	14
Blue shell mussels, lemon-wine butter, garlic, shallots, tomatoes and garlic bread.		Fried Whole Belly Clams	MP
Bacon-Wrapped Scallops	23	Spicy Bam-Bam Shrimp	14
Sea scallops, applewood smoked bacon and maple-shallot glaze.		S&S Onion Rings	12
Giant Pretzel	16	Chicken Tenders	15
Bavarian soft pretzel, Dijon honey-mustard and Kölsch beer cheese.		With BBQ sauce.	
Jerk Chicken Quesadilla	18		
Jerk chicken, cheddar, roasted corn and black bean salsa, sour cream.			
Steak n' Cheese Spring Rolls	16		
Shaved steak, cheddar, peppers, onions and sriracha aioli.			

SANDWICHES & ROLLS

FRIES, CHIPS OR COLESLAW · ONION RINGS +3 · GF BUN +3

Fried Haddock Sandwich	18	Lobster Roll	MP
Beer-battered haddock, lettuce and bulkie roll.		Maine lobster knuckle and claw meat, celery, mayo, lettuce, brioche.	
BBQ Pulled Pork	15	Fried Chicken Sandwich	16
Pulled pork, coleslaw, lettuce and shaved red onion.		Breaded chicken, sriracha aioli, lettuce and tomato.	
Salmon Sandwich	20	Chicken Caesar Wrap	16
Faroe Island salmon, lettuce, tomato and pineapple-mango salsa.		Grilled chicken, romaine, parmesan and Caesar dressing.	
Surf Burger	18	Fried Whole Clam Roll	20
½ lb Angus burger, lettuce, tomato. Add cheese 1 · bacon 3.		Hand-breaded whole belly clams.	
Cowboy Burger	20	Chicken Ranch Wrap	16
½ lb Angus burger, cheddar, onion rings and Jim Beam BBQ sauce.		Breaded chicken, lettuce, tomato, cucumber and ranch.	

SALADS

ADD CHICKEN 7 · SHRIMP (4) 12 · SALMON 12 · FRIED HADDOCK 10

Summer Salad	15	Caesar Salad	15
Mixed greens, strawberries, blueberries, almonds, goat cheese, lemon-poppy dressing.		Romaine, parmesan, croutons and Caesar dressing.	
Mediterranean Salad	15	Southwestern Salad	15
Mixed greens, strawberries, mandarin oranges, walnuts, feta, honey-balsamic.		Mixed greens, corn and black bean salsa, tortilla crisps, chipotle-ranch.	

THE TIDE KEEPS RETURNING.

THE RESTAURANT RIGHT ON LONG SANDS





ENTRÉES

CHOICE OF RICE, FRIES OR GARLIC MASHED · ONION RINGS +3

Broiled Haddock Haddock, lemon-wine butter sauce and sherried breadcrumbs.	28	Shrimp Scampi Tiger shrimp, garlic, tomato, basil, white wine-butter sauce and linguini.	28
Pan-Seared Scallops Scallops, sautéed baby spinach and key lime beurre blanc.	38	Broiled Combo Haddock, scallops, lemon-wine butter and sherried breadcrumbs. Add shrimp (2) 6.	35
Chicken Florentine Chicken, tomatoes, baby spinach and creamy garlic sauce.	26	P.E.I. Mussels Mussels, lemon-wine butter, garlic, tomato, linguini and garlic bread.	25
Cioppino Swordfish, salmon, scallops, shrimp, mussels and lobster-tomato broth.	28	Baked Stuffed Haddock Haddock, lemon-wine butter, seafood stuffing and hollandaise.	33
Faroe Island Salmon Grilled salmon with maple-walnut glaze.	30	Lobster Ravioli Maine lobster ravioli, vodka pink sauce and Parmigiano-Reggiano.	35
Steak Tips Marinated sirloin tips with homemade BBQ sauce.	34	Tortellini Alfredo Three-cheese tortellini and alfredo. Add chicken 7 · shrimp (4) 12.	24
Boiled Maine Lobster 1¼ lb Maine lobster, drawn butter and lemon.	MP	Veggie Rice Bowl Vegetable medley, rice, teriyaki and sesame. Add chicken 7 · shrimp (4) 12.	23

FRIED FAVORITES

MASHED POTATOES OR RICE +1 · EXTRA PLATE 3

Fried Scallops Hand-breaded scallops, fries and coleslaw.	38	Fried Clam Strips Hand-breaded clam strips, fries and coleslaw.	25
Haddock & Chips Beer-battered haddock, fries and coleslaw.	28	Fried Combo Choose two: scallops, haddock, baby shrimp or clam strips; fries and coleslaw.	35
Whole Belly Clams Hand-breaded whole belly clams, fries and coleslaw.	MP	Fried Small Shrimp Baby Atlantic shrimp, fries and coleslaw.	24
Captain's Platter Haddock, scallops, baby shrimp, clam strips, fries and coleslaw.	52	Fried Cod Nuggets Basket Hand-breaded cod nuggets and fries.	21

Please tell your server about food allergies before ordering. Many dishes can be prepared gluten-free. Consuming raw or undercooked foods may increase the risk of foodborne illness. Prices and availability should be confirmed before final print.

COME IN FROM THE SAND. STAY FOR DINNER.

THE RESTAURANT RIGHT ON LONG SANDS





MARTINIS

Bluetini

Cold River Blueberry vodka, blue curaçao and Sprite.

16

Raz Cosmo

Absolut Raspberry, Cointreau, cranberry and lime.

15

Cranberry-Lemon Drop

Absolut Citron, cranberry-simple infusion and lemon.

15

Espresso Martini

Tito's, Kahlua, Baileys and espresso.

15

Nubble Royale

Wiggly Bridge vodka, Chambord, cranberry and pineapple.

16

Surf Tini

Bombay Sapphire, St. Elder, lime and blackberry.

14

SPECIALTY COCKTAILS

Long Sands Lemonade

Wiggly Bridge vodka, peach schnapps, cranberry and citrus.

15

Island Pineapple Punch

Malibu, Bacardi, pineapple-chipotle, orange and lime.

14

Blueberry Riptide

Blueberry vodka, lemon, blueberry and soda.

16

Gold Rush

Knob Creek smoked maple bourbon, honey and lemon.

15

Sunburnt Paloma

Ghost tequila, grapefruit, lime, mango and soda.

15

Key Lime Margarita

1800 Coconut, Grand Marnier, key lime and coconut cream.

16

Rock Lobster

Malibu, dark rum, banana, orange, pineapple and grenadine.

14

Tipsy Island

Bacardi, mango, coconut and pineapple; frozen.

15

MARGARITAS

S&S Margarita

Flavors: raspberry, strawberry, blueberry, coconut, mango, pineapple-chipotle or peach +1.

13

Make It Yours

1800 Silver, 1800 Coconut, Ghost or Hornitos +3 · Patrón +10.

+3 / +10

FRESH & ZERO-PROOF

Berry Fizz

Ginger beer, lime, blueberry, soda and mint.

7

Watermelon Fresca

Fresh watermelon, mint and lime.

7

Flavored Lemonade

Raspberry, blackberry, strawberry, blueberry, mango, coconut or peach.

6

Blueberry Lavender Lemonade

Lemonade, lavender citrus and blueberry.

7

LAST LIGHT TASTES BETTER ON THE DECK.

THE RESTAURANT RIGHT ON LONG SANDS





WINE

Carletto Cuvée Brut · Italy Crisp green apple, lightly sweet bubbles.	10	Alvarinho Foral · Portugal Citrus, green apple, flowers and tropical notes.	12 / 46
Mohua Sauvignon Blanc · New Zealand Fruity, crisp finish and citrus notes.	10	Aubert et Fils Champagne Brut · France Crisp and fruity.	85
Kendall-Jackson Chardonnay · California Tropical fruit, honey, vanilla and toasted oak.	13 / 50	Valdo Blanc de Blancs · Italy Green apple, herbs and floral notes.	44
J. Lohr Paperwhite Chardonnay · California Unoaked with crisp fruit flavors.	13 / 50	Cantele Italian Red · Italy Soft and balanced; red flower, candied fruit and spice.	12 / 46
Famille Perrin Rosé · France Peach and cream with a touch of spice.	11 / 44	J. Lohr Pinot Noir · California Organic, unoaked, berry aromas and medium body.	13 / 50
Dashwood Sauvignon Blanc · New Zealand Floral fruit with bright citrus peel.	13 / 50	Michael David Earthquake Cabernet · California Bold blackberry-espresso notes; full bodied.	13 / 50
Cantina Tramin Pinot Grigio · Italy Citrus, pear, apple and white flowers.	13 / 50	Conundrum by Caymus Blend · California Petite Sirah, Zinfandel and Cabernet.	13 / 50

BUBBLES

Blueberry Lavender Spritzer Absolut, blueberry, lavender, lemonade and soda.	13	Mango Bellini Prosecco, mango Malibu and peach.	13
Boone Island Bubbly Prosecco, St. Elder and grapefruit.	12	Cran-Raz Mimosa Prosecco, cranberry and raspberry.	12
Sunrise Mimosa Prosecco, orange, pineapple and grenadine.	12	Limoncello Spritzer Prosecco, Fabrizia limoncello and soda.	13

A GLASS BY THE ATLANTIC.

THE RESTAURANT RIGHT ON LONG SANDS





LITTLE SURFERS



KIDS MENU · AGE 10 AND UNDER

Hamburger

11

Cheeseburger

11

Hot Dog

11

Chicken Tenders (3)

11

Grilled Cheese

11

Penne Pasta

11

With butter or marinara · penne does not include a side

PICK YOUR SIDE

French fries · chips · carrots & cucumbers

All kids meals except penne include one side. Consuming raw or undercooked food may increase the risk of foodborne illness. Prices and availability should be confirmed before final print.